



CARE AT THE SEXUAL ASSAULT RESOURCE CENTER

DEPARTMENT CHAIR REFERENCE SHEET

OUR SERVICES

CARE at SARC provides confidential services for students, staff, and faculty affected by sexual assault, relationship violence and stalking. Support services include:

- ◆ Crisis intervention counseling and safety planning
- ◆ Explanation of reporting options and rights
- ◆ Accompaniment to police interviews, medical evidentiary exams and court proceedings
- ◆ Individual counseling
- ◆ Support groups
- ◆ On-campus advocacy for academic, housing, and employment concerns

CONTACT INFORMATION

Tel: (858) 534-5793 | Fax: (858) 822-5304

<http://care.ucsd.edu>

Student Services Center
Fifth Floor, Suite 500
9500 Gilman Drive #0086
La Jolla, CA 92093-0086

For 24/7 urgent support or consultation call: 858-535-HELP and ask to speak with a CARE Advocate.

What if you receive a disclosure from a student, staff, or faculty member about an experience of sexual assault, relationship violence, or stalking?

Faculty and staff members may receive disclosures of sex offenses. Individuals seeking assistance may be the victim, the accused, a witness, or friends of the victim or accused. It is important to remember that you are not the investigator responsible for determining culpability or innocence. **Your role is to provide support, refer the individual to the appropriate campus resources, and then fulfill any potential reporting obligations.**

Ensure Privacy & Support

Keep the information private but you cannot guarantee confidentiality. Faculty are [Responsible Employees under Title IX](#). Listen without judgment. Help the individual determine their immediate needs. Do not ask for details you do not need to know.

“I want to do my best to get you the best support but I am not confidential. I will keep information private and will only share it with others on a need to know basis. If this is regarding your health and/safety, I am required to report to the appropriate departments on campus.

Connect & Consult with CARE

You are not an investigator. Your role is to listen, refer to the appropriate resource and fulfill your Responsible Employee reporting obligations.

Call CARE at SARC for consultation. Offer to call CARE on behalf of the individual or provide their contact information to CARE.

“There are confidential resources for you on campus. CARE at SARC is one of those resources.”

What to say	What NOT to say
◆ I can see that this has made you feel really upset/angry/scared.	◆ How much did you have to drink?
◆ I will do my best to connect you to the right resources.	◆ Why didn't you just leave?
◆ Let me tell you about the resources available to you.	◆ I promise not to tell anyone.
◆ May I contact CARE at SARC for you right now?	◆ Don't worry... He/she is going to pay for what they did to you.



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ADDITIONAL INFORMATION & CONSIDERATIONS:

1. The University is committed to creating a safe environment. Policies in place regarding student, staff, and faculty conduct are continually being reviewed and revised in order to maintain a community free from violence.
2. Individuals have the option to report violence to the police and/or to the University. *CARE at SARC can review these options with the survivors.*
3. Faculty and staff* are considered non-confidential employees and have reporting responsibilities. If you are unsure about your reporting responsibilities, please reference the following: [Responsible Employee under Title IX](#). [Campus Security Authority under Clery Act](#).
4. When communicating with an individual about an experience of sexual assault, relationship violence, or stalking, phone calls are preferred. Communication over the internet is not secure. Please limit any email correspondence regarding these sensitive topics.
5. Understand that a survivor may be in denial about the violence. It is very probable that you may hear about an experience that happened weeks, months or years ago. CARE at SARC can work with the survivor to help meet their needs.
6. CARE at SARC services are not appropriate for individuals accused of sexual assault, relationship violence, or stalking.

TRAINING & EDUCATION OPPORTUNITIES

How to Support a Student Survivor (2 hour training)

Participants will learn the five steps to an effective and trauma-informed response, how to assess for urgency, and how they can work with CARE staff. Quarterly trainings are offered via UC Learning. Department in-service trainings available upon request.

Safety and the UC San Diego Community (30 minutes)

This program offers general campus safety information such as crime statistics, safety tips, and the emergency notification system. Most frequently requested by staff, large groups, and parents who visit during Orientation.

CARE Services (15 minutes)

Are you interested in learning more about CARE at the Sexual Assault Resource Center? This presentation is a summary of the educational outreach and support services provided by CARE staff to individuals affected by sexual assault, relationship violence, and stalking.

ADDITIONAL CONFIDENTIAL CAMPUS RESOURCES:

*The following resources are confidential and do not have Responsible Employee reporting obligations:

[Counseling & Psychological Services \(CAPS\)](#)

[Student Legal Services \(SLS\)](#)

[OMBUDS](#)

[Faculty & Staff Assistance Program \(FSAP\)](#)

STAFF CONTACTS

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